

Intimacy and Alienation puts forward the authors unique paradigm for psychotherapy and counselling based on the assumption that each patient has suffered a disruption of the `self, and that the goal of the therapist is to identify and work with that disruption. Using many clinical illustrations, and drawing on self psychology, attachment therapy and theories of trauma, Russell Meares looks at the nature of self and how it develops, before going on to explore the form and feeling of experience when self is disrupted in a traumatic way, and focusing on ways towards the restoration of the self. Written in an accessible style from the authors singular perspective, Intimacy and Alienation will appeal to professionals in the fields of psychotherapy, counselling, social work and psychiatry, as well as to students and the lay reader.

Behavioural Change: An Evidence-Based Handbook for Social and Public Health, 1e, Airlines A - Z: A Guide For Nervouse Airline Travellers, The Human Machine, Lessons for the Professional Actor (PAJ Books), The Tribe of Black Ulysses: African American Lumber Workers in the Jim Crow South (Working Class in American History), Sustainable Tourism Development: A Himalayan Experience, The Fruit Hunters: A Story of Nature, Adventure, Commerce, and Obsession, The Get-Started Guide to M-Commerce and Mobile Technology,

Review: Intimacy and Alienation proposes both a therapy and theory of human consciousness. Russell Meares posits a duplex self in the William James model. Intimacy and Alienation puts forward the author's unique paradigm for psychotherapy and counselling based on the assumption that each. Available in the National Library of Australia collection. Author: Meares, Russell; Format: Book; p. ; 24 cm. The Paperback of the Intimacy and Alienation: Memory, Trauma and Personal Being by Russell Meares at Barnes & Noble. FREE Shipping on. Buy Intimacy and Alienation: Memory, Trauma and Personal Being by Russell Meares from Boffins Books in Perth, Australia. Softcover, published in by.

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